



# Symmetry - Living

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**THERE IS NO GREATER POWER THAN THE DIVINE LOVE WHICH LIES WITHIN.  
UNLEASH THIS POWER - TO TRANSFORM YOUR LIFE AND YOUR WORLD.**

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*Symmetry is ... a pathway of self-healing and transformation, tapping into the power within to manifest your desire to be whole, well and perfect of mind, body and spirit in peace, joy and harmony in all areas of your life.*

### *Symmetry Attunement and Focus This Month – For You, Humanity and the Earth*

**Creativity, Balance and Peace** to support your body - the Holy Temple of your Spirit. These sacred Rhythms of Life support your body in releasing and transforming the accumulated affects of stress on the physical body. Focusing on these specific Rhythms will assist you to:

- Ignite the Fire of Life to assist in revitalizing the core integrity of your body.
- Enhance your level of wellness to promote balance and self-love throughout your Being.
- Restore the body, mind, soul connection to activate your body's natural healing intelligence

#### **Creativity, Balance and Peace Attunement**

Reading this attunement awakens transformation and manifestation of the magnificence of Divine Love.

*As I awaken the spark of Divine Love within, I enhance my potential in all areas of my life.*

*I increase the activity of the magnificence of the Divine Love within*

*to inspire my transformation, acceptance, inspiration, enthusiasm, excitement, vitality and rejuvenation, restoring meaning and momentum in all my interactions with all those things I chose in life.*

*As I trust and rely on the action of Divine Love within, I move into a state of peaceful joy.*

*This inspires support, flexibility, wellness, contentment and gratitude for the blessings I have received, maintaining stability and wellbeing in my body, mind and emotions.*

*As I focus on Peace, I become consciously aware of the Divine Love in me and in all things.*

*I find new depths of acknowledging, discovering and embracing the magnificence of Divine Love, releasing and transforming the accumulated physical, mental, emotional affects of stress within me.*

*As I focus on the Divine Love within me and all others*

*I transform my judgments, anxiety, frustration, limitation, bitterness and lack into awareness, understanding, acceptance and contentment*

*awakening loving, nurturing, supportive, positive emotions, thoughts and actions, creating shift and opening opportunities for positive change within my life, to resonate into the consciousness of humanity to inspire positive action and change within humanity. And so it is.*

THANK YOU FOR YOUR PARTICIPATION IN THIS ATTUNEMENT FOR YOURSELF, HUMANITY AND THE EARTH

To read more about this triad see March "In Harmony" at [www.harmonicsinternational.com](http://www.harmonicsinternational.com)

To receive a Free Weekly Symmetry Inspirational e-mail, contact [joanie@harmonicsinternational.com](mailto:joanie@harmonicsinternational.com)

*Journey into the kaleidoscope of the magnificence of Divine Love within you.*

Symmetry monthly publications provide creative ideas to restore your natural, harmonic Rhythms of Life.

Individual Symmetry consultations are available with Ann Marie Work - call 888-479-6638.

Supportive books and products are available through Harmonics International - call 715-355-8515.

Our FREE monthly publication is available at: [www.symmetry.nu](http://www.symmetry.nu) and [www.harmonicsinternational.com](http://www.harmonicsinternational.com)

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